

Plass Navn

Klasse

Tid

D 1,5

1	Marith Brekke	Stange kommune	26:09
	03:56= 11:45= 17:12= 18:59= 22:20= 24:59= 26:09=		
	03:56= 07:49= 05:27= 01:47= 03:21= 02:39= 01:10=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Reidun Alfstad	Ringsaker kommune	27:48
	04:03+ 13:26+ 18:48+ 20:43+ 24:12+ 26:37+ 27:48+		
	04:03+ 09:23+ 05:22- 01:55+ 03:29+ 02:25- 01:11+		
	00:07+ 01:34# 00:05- 00:08+ 00:08+ 00:14- 00:01+		
3	Eva Stensby	Løten kommune	31:02
	04:05+ 12:49+ 20:35+ 23:00+ 26:30+ 29:40+ 31:02+		
	04:05+ 08:44+ 07:46+ 02:25+ 03:30+ 03:10+ 01:22+		
	00:09+ 00:55# 02:19& 00:38& 00:09+ 00:31# 00:12#		
4	Gerd Grønvold	Arve Hagen BIL	35:10
	06:02+ 15:22+ 23:22+ 25:50+ 31:06+ 33:44+ 35:10+		
	06:02+ 09:20+ 08:00+ 02:28+ 05:16+ 02:38- 01:26+		
	02:06& 01:31# 02:33& 00:41& 01:55& 00:01- 00:16#		
5	Rønnaug Sagbakken	Sparebanken Hedmark	44:17
	05:10+ 18:51+ 28:42+ 33:35+ 39:41+ 42:53+ 44:17+		
	05:10+ 13:41+ 09:51+ 04:53+ 06:06+ 03:12+ 01:24+		
	01:14& 05:52& 04:24& 03:06@ 02:45& 00:33# 00:14#		
6	Irene Øien	Sparebanken Hedmark	44:22
	05:20+ 18:59+ 28:55+ 33:44+ 39:51+ 43:01+ 44:22+		
	05:20+ 13:39+ 09:56+ 04:49+ 06:07+ 03:10+ 01:21+		
	01:24& 05:50& 04:29& 03:02@ 02:46& 00:31# 00:11#		
7	Karin Jevanord	Arve Hagen BIL	44:24
	06:06+ 18:08+ 29:11+ 31:49+ 38:44+ 42:20+ 44:24+		
	06:06+ 12:02+ 11:03+ 02:38+ 06:55+ 03:36+ 02:04+		
	02:10& 04:13& 05:36@ 00:51& 03:34@ 00:57& 00:54&		
8	Liss Monica Nilsen	Løten kommune	47:55
	05:11+ 18:34+ 35:13+ 38:03+ 43:11+ 46:21+ 47:55+		
	05:11+ 13:23+ 16:39+ 02:50+ 05:08+ 03:10+ 01:34+		
	01:15& 05:34& 11:12@ 01:03& 01:47& 00:31# 00:24&		

Beste strekktid for klassen

03:56 07:49 05:22 01:47 03:21 02:25 01:10

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1	Gry Mona Bjørslund	Åmot kommune	36:15
	02:46= 06:38= 12:28= 21:22= 25:06= 27:30= 34:04= 35:33= 36:15=		
	02:46= 03:52= 05:50= 08:54= 03:44= 02:24= 06:34= 01:29= 00:42=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Annie O Gihlemoen	Løten kommune	37:27
	02:20- 06:21- 12:12- 21:53+ 23:58- 26:50- 33:11- 36:34+ 37:27+		
	02:20- 04:01+ 05:51+ 09:41+ 02:05- 02:52+ 06:21- 03:23+ 00:53+		
	00:26- 00:09+ 00:01+ 00:47+ 01:39- 00:28# 00:13- 01:54@ 00:11&		
3	Randi Aas Fjæstad	Løten kommune	43:08
	02:58+ 07:05+ 17:32+ 27:10+ 29:34+ 33:01+ 40:14+ 42:05+ 43:08+		
	02:58+ 04:07+ 10:27+ 09:38+ 02:24- 03:27+ 07:13+ 01:51+ 01:03+		
	00:12+ 00:15+ 04:37& 00:44+ 01:20- 01:03& 00:39+ 00:22# 00:21&		
4	Anne Marie Nesbakk	Eidsiva	44:30
	04:08+ 08:09+ 18:25+ 27:47+ 31:00+ 34:11+ 41:34+ 43:33+ 44:30+		
	04:08+ 04:01+ 10:16+ 09:22+ 03:13- 03:11+ 07:23+ 01:59+ 00:57+		
	01:22& 00:09+ 04:26& 00:28+ 00:31- 00:47& 00:49# 00:30& 00:15&		

Class	Navn	Klasse	Tid
5	Toril Lindstad	Åmot kommune	45:36
	02:43- 11:43+ 17:56+ 26:48+ 29:04+ 31:42+ 42:00+ 44:45+ 45:36+		
	02:43- 09:00+ 06:13+ 08:52- 02:16- 02:38+ 10:18+ 02:45+ 00:51+		
	00:03- 05:08@ 00:23+ 00:02- 01:28- 00:14+ 03:44& 01:16& 00:09#		
6	Bente Grøndalen	Sykehuset Innlandet	50:28
	08:19+ 12:20+ 20:48+ 29:29+ 36:30+ 39:31+ 47:52+ 49:31+ 50:28+		
	08:19+ 04:01+ 08:28+ 08:41- 07:01+ 03:01+ 08:21+ 01:39+ 00:57+		
	05:33@ 00:09+ 02:38& 00:13- 03:17& 00:37& 01:47& 00:10# 00:15&		
7	Turid Opsahl	Løten kommune	51:06
	04:54+ 13:31+ 21:15+ 31:28+ 33:41+ 37:05+ 48:21+ 50:07+ 51:06+		
	04:54+ 08:37+ 07:44+ 10:13+ 02:13- 03:24+ 11:16+ 01:46+ 00:59+		
	02:08& 04:45@ 01:54& 01:19# 01:31- 01:00& 04:42& 00:17# 00:17&		
8	Mary Saxlund	Åmot kommune	51:18
	08:08+ 11:59+ 18:21+ 28:31+ 30:16+ 33:13+ 39:16+ 50:17+ 51:18+		
	08:08+ 03:51- 06:22+ 10:10+ 01:45- 02:57+ 06:03- 11:01+ 01:01+		
	05:22@ 00:01- 00:32+ 01:16# 01:59- 00:33# 00:31- 09:32@ 00:19&		
9	Gudrun Lillekroken	SHIN	51:25
	03:55+ 10:57+ 18:05+ 26:24+ 34:00+ 37:26+ 48:18+ 50:39+ 51:25+		
	03:55+ 07:02+ 07:08+ 08:19- 07:36+ 03:26+ 10:52+ 02:21+ 00:46+		
	01:09& 03:10& 01:18# 00:35- 03:52@ 01:02& 04:18& 00:52& 00:04+		
10	Kitty Rustadbakken	Arve Hagen BIL	51:59
	04:36+ 09:25+ 19:35+ 32:19+ 34:42+ 38:16+ 49:07+ 51:02+ 51:59+		
	04:36+ 04:49+ 10:10+ 12:44+ 02:23- 03:34+ 10:51+ 01:55+ 00:57+		
	01:50& 00:57# 04:20& 03:50& 01:21- 01:10& 04:17& 00:26& 00:15&		
11	Helga Hansen	Arve Hagen BIL	52:29
	06:02+ 14:38+ 22:41+ 31:57+ 38:38+ 41:45+ 49:48+ 51:34+ 52:29+		
	06:02+ 08:36+ 08:03+ 09:16+ 06:41+ 03:07+ 08:03+ 01:46+ 00:55+		
	03:16@ 04:44@ 02:13& 00:22+ 02:57& 00:43& 01:29# 00:17# 00:13&		
12	Vera Børresen	Sparebanken Hedmark	53:31
	07:11+ 15:23+ 23:21+ 32:35+ 39:23+ 42:18+ 51:09+ 52:37+ 53:31+		
	07:11+ 08:12+ 07:58+ 09:14+ 06:48+ 02:55+ 08:51+ 01:28- 00:54+		
	04:25@ 04:20@ 02:08& 00:20+ 03:04& 00:31# 02:17& 00:01- 00:12&		
13	Anita Bekkum	Arve Hagen BIL	55:58
	11:57+ 14:56+ 25:23+ 35:56+ 38:18+ 41:49+ 53:14+ 55:08+ 55:58+		
	11:57+ 02:59- 10:27+ 10:33+ 02:22- 03:31+ 11:25+ 01:54+ 00:50+		
	09:11@ 00:53- 04:37& 01:39# 01:22- 01:07& 04:51& 00:25& 00:08#		
14	Eli Margrethe Haug	Gunders	56:43
	04:39+ 14:00+ 23:29+ 34:54+ 37:35+ 42:10+ 53:11+ 55:30+ 56:43+		
	04:39+ 09:21+ 09:29+ 11:25+ 02:41- 04:35+ 11:01+ 02:19+ 01:13+		
	01:53& 05:29@ 03:39& 02:31& 01:03- 02:11& 04:27& 00:50& 00:31&		
15	Åse Konst	Martin M. Bakken	58:32
	09:42+ 15:11+ 24:50+ 36:22+ 38:54+ 42:43+ 54:58+ 57:27+ 58:32+		
	09:42+ 05:29+ 09:39+ 11:32+ 02:32- 03:49+ 12:15+ 02:29+ 01:05+		
	06:56@ 01:37& 03:49& 02:38& 01:12- 01:25& 05:41& 01:00& 00:23&		
16	Rita Wiest	BDO Aktiva	1:25:42
	05:53+ 13:39+ 33:47+ 58:33+ 61:05+ 65:43+ 82:45+ 84:56+ 85:42+		
	05:53+ 07:46+ 20:08+ 24:46+ 02:32- 04:38+ 17:02+ 02:11+ 00:46+		
	03:07@ 03:54@ 14:18@ 15:52@ 01:12- 02:14& 10:28@ 00:42& 00:04+		
Beste strekktid for klassen			
	02:20	02:59	05:50
	08:19	01:45	02:24
	06:03	01:28	00:42

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 3,5

1	Eldbjørg Narum	Vallset/Stange OL	33:11
	01:56= 05:33= 08:42= 14:25= 18:08= 23:16= 28:59= 31:29= 32:36= 33:11=		
	01:56= 03:37= 03:09= 05:43= 03:43= 05:08= 05:43= 02:30= 01:07= 00:35=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

Class	Navn	Klasse	Tid
2	Line Merete Libak	Løten kommune	42:33
02:35+	08:08+ 11:28+ 17:16+ 22:35+ 28:32+ 37:40+ 40:32+ 41:53+ 42:33+		
02:35+	05:33+ 03:20+ 05:48+ 05:19+ 05:57+ 09:08+ 02:52+ 01:21+ 00:40+		
00:39&	01:56& 00:11+ 00:05+ 01:36& 00:49# 03:25& 00:22# 00:14# 00:05#		
3	Kjersti Narum	Vallset/Stange OL	43:03
05:04+	09:28+ 12:03+ 17:55+ 23:12+ 28:54+ 37:58+ 41:01+ 42:19+ 43:03+		
05:04+	04:24+ 02:35- 05:52+ 05:17+ 05:42+ 09:04+ 03:03+ 01:18+ 00:44+		
03:08@	00:47# 00:34- 00:09+ 01:34& 00:34# 03:21& 00:33# 00:11# 00:09&		
4	Mona Hesselberg	Løten kommune	44:05
03:06+	07:33+ 11:01+ 17:38+ 23:49+ 30:44+ 38:58+ 42:00+ 43:22+ 44:05+		
03:06+	04:27+ 03:28+ 06:37+ 06:11+ 06:55+ 08:14+ 03:02+ 01:22+ 00:43+		
01:10&	00:50# 00:19# 00:54# 02:28& 01:47& 02:31& 00:32# 00:15# 00:08#		
5	Marianne Sveen	Martin M. Bakken	52:23
04:41+	15:43+ 18:47+ 24:41+ 29:28+ 36:38+ 46:40+ 50:21+ 51:42+ 52:23+		
04:41+	11:02+ 03:04- 05:54+ 04:47+ 07:10+ 10:02+ 03:41+ 01:21+ 00:41+		
02:45@	07:25@ 00:05- 00:11+ 01:04& 02:02& 04:19& 01:11& 00:14# 00:06#		
6	Monica Storsveen	Martin M. Bakken	54:36
05:35+	14:38+ 18:37+ 25:21+ 31:20+ 38:31+ 48:51+ 52:27+ 53:51+ 54:36+		
05:35+	09:03+ 03:59+ 06:44+ 05:59+ 07:11+ 10:20+ 03:36+ 01:24+ 00:45+		
03:39@	05:26@ 00:50& 01:01# 02:16& 02:03& 04:37& 01:06& 00:17& 00:10&		
7	Berit Røste	Ringsaker kommune	56:13
02:52+	09:38+ 13:48+ 21:48+ 29:52+ 38:39+ 49:58+ 54:01+ 55:22+ 56:13+		
02:52+	06:46+ 04:10+ 08:00+ 08:04+ 08:47+ 11:19+ 04:03+ 01:21+ 00:51+		
00:56&	03:09& 01:01& 02:17& 04:21@ 03:39& 05:36& 01:33& 00:14# 00:16&		
8	Sidsel Storihle	Ringsaker kommune	59:55
02:50+	08:17+ 14:36+ 21:11+ 27:08+ 33:41+ 53:32+ 57:38+ 59:05+ 59:55+		
02:50+	05:27+ 06:19+ 06:35+ 05:57+ 06:33+ 19:51+ 04:06+ 01:27+ 00:50+		
00:54&	01:50& 03:10@ 00:52# 02:14& 01:25& 14:08@ 01:36& 00:20& 00:15&		
9	Ingunn Lund	Norsk Tipping	1:04:18
02:24+	07:25+ 12:57+ 20:25+ 41:18+ 47:23+ 56:59+ 62:16+ 63:39+ 64:18+		
02:24+	05:01+ 05:32+ 07:28+ 20:53+ 06:05+ 09:36+ 05:17+ 01:23+ 00:39+		
00:28#	01:24& 02:23& 01:45& 17:10@ 00:57# 03:53& 02:47@ 00:16# 00:04#		
10	Grete Storsveen	Sparebanken Hedmark	1:14:30
02:56+	17:17+ 23:16+ 30:18+ 36:02+ 43:25+ 66:02+ 72:09+ 73:37+ 74:30+		
02:56+	14:21+ 05:59+ 07:02+ 05:44+ 07:23+ 22:37+ 06:07+ 01:28+ 00:53+		
01:00&	10:44@ 02:50& 01:19# 02:01& 02:15& 16:54@ 03:37@ 00:21& 00:18&		
11	Liv Reidun Reiersen	Nycomed	1:18:02
03:26+	17:57+ 23:12+ 32:33+ 41:43+ 51:07+ 69:10+ 75:36+ 77:11+ 78:02+		
03:26+	14:31+ 05:15+ 09:21+ 09:10+ 09:24+ 18:03+ 06:26+ 01:35+ 00:51+		
01:30&	10:54@ 02:06& 03:38& 05:27@ 04:16& 12:20@ 03:56@ 00:28& 00:16&		
12	Marthe H. Igeltjørn	Nycomed	1:18:03
03:29+	18:01+ 23:15+ 32:36+ 41:48+ 51:12+ 69:14+ 75:43+ 77:13+ 78:03+		
03:29+	14:32+ 05:14+ 09:21+ 09:12+ 09:24+ 18:02+ 06:29+ 01:30+ 00:50+		
01:33&	10:55@ 02:05& 03:38& 05:29@ 04:16& 12:19@ 03:59@ 00:23& 00:15&		
13	Inger Lund	Telenor	1:28:44
05:49+	14:10+ 19:10+ 28:08+ 42:50+ 52:07+ 80:42+ 85:21+ 87:49+ 88:44+		
05:49+	08:21+ 05:00+ 08:58+ 14:42+ 09:17+ 28:35+ 04:39+ 02:28+ 00:55+		
03:53@	04:44@ 01:51& 03:15& 10:59@ 04:09& 22:52@ 02:09& 01:21@ 00:20&		

Beste strekktid for klassen

01:56 03:37 02:35 05:43 03:43 05:08 05:43 02:30 01:07 00:35

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 4,5

1	Wenche Bjørnstad	Ringsaker kommune	52:59
13:26=	18:13= 20:24= 24:26= 29:13= 35:47= 44:33= 48:04= 50:56= 52:09= 52:59=		
13:26=	04:47= 02:11= 04:02= 04:47= 06:34= 08:46= 03:31= 02:52= 01:13= 00:50=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

Class	Navn	Klasse	Tid
2	Marianne Skjærstad	Løten kommune	1:09:18
	12:53- 20:03+ 22:18+ 27:15+ 34:07+ 41:45+ 55:45+ 61:32+ 66:42+ 68:36+ 69:18+		
	12:53- 07:10+ 02:15+ 04:57+ 06:52+ 07:38+ 14:00+ 05:47+ 05:10+ 01:54+ 00:42-		
	00:33- 02:23& 00:04+ 00:55# 02:05& 01:04# 05:14& 02:16& 02:18& 00:41& 00:08-		
Beste strekktid for klassen			
	12:53 04:47 02:11 04:02 04:47 06:34 08:46 03:31 02:52 01:13 00:42		
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
D 5,5			
1	Nina Smestad	Ntnui	1:00:09
	02:37= 10:55= 21:39= 26:17= 28:52= 38:59= 46:01= 49:13= 56:02= 57:48= 59:26= 60:09=		
	02:37= 08:18= 10:44= 04:38= 02:35= 10:07= 07:02= 03:12= 06:49= 01:46= 01:38= 00:43=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
Beste strekktid for klassen			
	02:37 08:18 10:44 04:38 02:35 10:07 07:02 03:12 06:49 01:46 01:38 00:43		
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 1,5			
1	Erik Gundersen	Nestle	19:50
	02:58= 08:42= 12:55= 14:34= 17:14= 18:59= 19:50=		
	02:58= 05:44= 04:13= 01:39= 02:40= 01:45= 00:51=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Bjørn Jenssen	Nycomed	22:47
	02:48- 10:14+ 14:58+ 16:41+ 20:04+ 21:56+ 22:47+		
	02:48- 07:26+ 04:44+ 01:43+ 03:23+ 01:52+ 00:51=		
	00:10- 01:42& 00:31# 00:04+ 00:43& 00:07+ 00:00=		
3	Odd Håkensen	Gunders	23:33
	03:13+ 10:11+ 15:08+ 17:28+ 20:29+ 22:36+ 23:33+		
	03:13+ 06:58+ 04:57+ 02:20+ 03:01+ 02:07+ 00:57+		
	00:15+ 01:14# 00:44# 00:41& 00:21# 00:22# 00:06#		
4	Ole Arnt Skaaraas	Gunders	25:06
	03:20+ 10:18+ 16:31+ 18:35+ 21:58+ 24:09+ 25:06+		
	03:20+ 06:58+ 06:13+ 02:04+ 03:23+ 02:11+ 00:57+		
	00:22# 01:14# 02:00& 00:25& 00:43& 00:26# 00:06#		
5	Herleik Nylund	Løten kommune	28:31
	04:14+ 13:07+ 18:35+ 20:34+ 24:06+ 27:08+ 28:31+		
	04:14+ 08:53+ 05:28+ 01:59+ 03:32+ 03:02+ 01:23+		
	01:16& 03:09& 01:15& 00:20# 00:52& 01:17& 00:32&		
6	John Fallbakken	Gunders	30:30
	03:48+ 11:24+ 21:32+ 23:27+ 26:40+ 29:15+ 30:30+		
	03:48+ 07:36+ 10:08+ 01:55+ 03:13+ 02:35+ 01:15+		
	00:50& 01:52& 05:55@ 00:16# 00:33# 00:50& 00:24&		
7	Hans Narbuvoild	Nestle	31:27
	08:01+ 16:52+ 21:55+ 23:54+ 27:28+ 30:03+ 31:27+		
	08:01+ 08:51+ 05:03+ 01:59+ 03:34+ 02:35+ 01:24+		
	05:03@ 03:07& 00:50# 00:20# 00:54& 00:50& 00:33&		
8	Ragnar Høsøien	Hamar Post	41:01
	08:06+ 22:40+ 31:13+ 33:52+ 37:26+ 39:47+ 41:01+		
	08:06+ 14:34+ 08:33+ 02:39+ 03:34+ 02:21+ 01:14+		
	05:08@ 08:50@ 04:20@ 01:00& 00:54& 00:36& 00:23&		
9	Per Sveen	BDO Aktiva	1:35:55
	04:24+ 46:56+ 68:00+ 85:19+ 90:19+ 94:06+ 95:55+		
	04:24+ 42:32+ 21:04+ 17:19+ 05:00+ 03:47+ 01:49+		
	01:26& 36:48@ 16:51@ 15:40@ 02:20& 02:02@ 00:58@		

Beste strekktid for klassen

02:48 05:44 04:13 01:39 02:40 01:45 00:51

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 2,5

1	Bjarne Harkinn	If	29:07
	03:06= 06:03= 11:09= 15:21= 23:28= 26:43= 28:31= 29:07=		
	03:06= 02:57= 05:06= 04:12= 08:07= 03:15= 01:48= 00:36=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Roar Åsheim	Søndre Land kommune	30:52
	03:05- 06:07+ 12:28+ 16:49+ 25:38+ 28:41+ 30:10+ 30:52+		
	03:05- 03:02+ 06:21+ 04:21+ 08:49+ 03:03- 01:29- 00:42+		
	00:01- 00:05+ 01:15# 00:09+ 00:42+ 00:12- 00:19- 00:06#		
3	Magnar Nybakk	Sparebanken Hedmark	33:37
	02:30- 06:43+ 12:32+ 18:17+ 26:15+ 30:25+ 32:57+ 33:37+		
	02:30- 04:13+ 05:49+ 05:45+ 07:58- 04:10+ 02:32+ 00:40+		
	00:36- 01:16& 00:43# 01:33& 00:09- 00:55& 00:44& 00:04#		
4	Torbjørn Ødegård	Hamar Lærerhøgskole	35:40
	03:39+ 07:42+ 13:57+ 19:33+ 28:26+ 32:40+ 34:32+ 35:40+		
	03:39+ 04:03+ 06:15+ 05:36+ 08:53+ 04:14+ 01:52+ 01:08+		
	00:33# 01:06& 01:09# 01:24& 00:46+ 00:59& 00:04+ 00:32&		
5	Karsten Kristiansen	Nycomed	35:48
	02:58- 08:33+ 14:02+ 19:08+ 29:40+ 33:46+ 35:08+ 35:48+		
	02:58- 05:35+ 05:29+ 05:06+ 10:32+ 04:06+ 01:22- 00:40+		
	00:08- 02:38& 00:23+ 00:54# 02:25& 00:51& 00:26- 00:04#		
6	Steinar Mariussen	Våler Kommune	36:26
	03:45+ 07:17+ 16:31+ 20:58+ 29:43+ 34:14+ 35:48+ 36:26+		
	03:45+ 03:32+ 09:14+ 04:27+ 08:45+ 04:31+ 01:34- 00:38+		
	00:39# 00:35# 04:08& 00:15+ 00:38+ 01:16& 00:14- 00:02+		
7	Odd Arne Blystad	Eidsiva	37:19
	02:30- 05:54- 11:25+ 16:25+ 31:10+ 35:05+ 36:31+ 37:19+		
	02:30- 03:24+ 05:31+ 05:00+ 14:45+ 03:55+ 01:26- 00:48+		
	00:36- 00:27# 00:25+ 00:48# 06:38& 00:40# 00:22- 00:12&		
8	Morten Øie	Romedal Almanning	37:44
	03:15+ 06:53+ 15:27+ 21:34+ 30:35+ 35:10+ 36:56+ 37:44+		
	03:15+ 03:38+ 08:34+ 06:07+ 09:01+ 04:35+ 01:46- 00:48+		
	00:09+ 00:41# 03:28& 01:55& 00:54# 01:20& 00:02- 00:12&		
9	Finn Røise	Moelven	39:06
	04:10+ 09:03+ 15:55+ 22:57+ 32:59+ 36:58+ 38:27+ 39:06+		
	04:10+ 04:53+ 06:52+ 07:02+ 10:02+ 03:59+ 01:29- 00:39+		
	01:04& 01:56& 01:46& 02:50& 01:55# 00:44# 00:19- 00:03+		
10	Einar Stensby	Løten kommune	39:15
	07:44+ 11:42+ 18:52+ 24:28+ 33:41+ 37:09+ 38:31+ 39:15+		
	07:44+ 03:58+ 07:10+ 05:36+ 09:13+ 03:28+ 01:22- 00:44+		
	04:38@ 01:01& 02:04& 01:24& 01:06# 00:13+ 00:26- 00:08#		
11	Willy Johansen	Arve Hagen BIL	39:52
	05:20+ 09:48+ 16:30+ 21:55+ 32:06+ 36:25+ 39:02+ 39:52+		
	05:20+ 04:28+ 06:42+ 05:25+ 10:11+ 04:19+ 02:37+ 00:50+		
	02:14& 01:31& 01:36& 01:13& 02:04& 01:04& 00:49& 00:14&		
12	Arne Sveen	Stabburet	41:29
	04:26+ 08:53+ 16:36+ 23:19+ 34:03+ 38:43+ 40:39+ 41:29+		
	04:26+ 04:27+ 07:43+ 06:43+ 10:44+ 04:40+ 01:56+ 00:50+		
	01:20& 01:30& 02:37& 02:31& 02:37& 01:25& 00:08+ 00:14&		
13	Edgar Myrvold	Statens Hus	42:20
	07:24+ 11:53+ 18:43+ 24:24+ 34:37+ 39:54+ 41:35+ 42:20+		
	07:24+ 04:29+ 06:50+ 05:41+ 10:13+ 05:17+ 01:41- 00:45+		
	04:18@ 01:32& 01:44& 01:29& 02:06& 02:02& 00:07- 00:09#		

Class	Navn	Klasse	Tid
14	Dag Erik Hovde	Eidsiva	42:27
04:12+	08:33+ 15:56+ 23:42+ 34:23+ 39:08+ 41:26+ 42:27+		
04:12+	04:21+ 07:23+ 07:46+ 10:41+ 04:45+ 02:18+ 01:01+		
01:06&	01:24& 02:17& 03:34& 02:34& 01:30& 00:30& 00:25&		
15	Magnar Sveen	Moelven	43:58
09:22+	13:14+ 19:02+ 26:42+ 36:40+ 41:28+ 43:07+ 43:58+		
09:22+	03:52+ 05:48+ 07:40+ 09:58+ 04:48+ 01:39- 00:51+		
06:16@	00:55& 00:42# 03:28& 01:51# 01:33& 00:09- 00:15&		
15	Erland Lilleøkseth	Løten kommune	43:58
03:30+	08:20+ 16:59+ 24:15+ 36:01+ 40:43+ 42:56+ 43:58+		
03:30+	04:50+ 08:39+ 07:16+ 11:46+ 04:42+ 02:13+ 01:02+		
00:24#	01:53& 03:33& 03:04& 03:39& 01:27& 00:25# 00:26&		
17	Kjell Høgseth	Ringsaker kommune	45:58
02:53-	10:06+ 15:34+ 20:58+ 38:17+ 43:51+ 45:20+ 45:58+		
02:53-	07:13+ 05:28+ 05:24+ 17:19+ 05:34+ 01:29- 00:38+		
00:13-	04:16@ 00:22+ 01:12& 09:12@ 02:19& 00:19- 00:02+		
18	Arnold Fuglebrenden	Løten kommune	46:50
04:55+	09:53+ 18:09+ 25:39+ 38:08+ 44:01+ 45:59+ 46:50+		
04:55+	04:58+ 08:16+ 07:30+ 12:29+ 05:53+ 01:58+ 00:51+		
01:49&	02:01& 03:10& 03:18& 04:22& 02:38& 00:10+ 00:15&		
19	Terje Lien	Telenor	47:09
04:03+	12:25+ 19:45+ 24:47+ 32:00+ 39:29+ 43:21+ 46:10+ 47:09+		
04:03+	08:22+ 07:20+ 05:02+ 07:13- 07:29+ 03:52+ 02:49+ 00:59+		
00:57&	05:25@ 02:14& 00:50# 00:54- 04:14@ 02:04@ 02:13@ 00:59+		
20	Ingvald Pedersen	Statens Hus	47:13
02:55-	07:12+ 21:05+ 26:46+ 40:43+ 44:58+ 46:30+ 47:13+		
02:55-	04:17+ 13:53+ 05:41+ 13:57+ 04:15+ 01:32- 00:43+		
00:11-	01:20& 08:47@ 01:29& 05:50& 01:00& 00:16- 00:07#		
20	Bjørn Eriksrud	Vestre Toten Kommune	47:13
03:29+	10:15+ 16:47+ 22:21+ 39:22+ 44:44+ 46:31+ 47:13+		
03:29+	06:46+ 06:32+ 05:34+ 17:01+ 05:22+ 01:47- 00:42+		
00:23#	03:49@ 01:26& 01:22& 08:54@ 02:07& 00:01- 00:06#		
22	Kjell M. Gihlemon	Løten kommune	47:47
04:39+	10:49+ 19:21+ 27:02+ 39:21+ 44:44+ 46:47+ 47:47+		
04:39+	06:10+ 08:32+ 07:41+ 12:19+ 05:23+ 02:03+ 01:00+		
01:33&	03:13@ 03:26& 03:29& 04:12& 02:08& 00:15# 00:24&		
23	Trygve Jan Bjerke	Hamar Post	47:54
03:50+	09:42+ 18:58+ 26:52+ 39:35+ 45:22+ 46:58+ 47:54+		
03:50+	05:52+ 09:16+ 07:54+ 12:43+ 05:47+ 01:36- 00:56+		
00:44#	02:55& 04:10& 03:42& 04:36& 02:32& 00:12- 00:20&		
24	Gunnar Haug	Gunders	48:40
05:15+	11:42+ 20:40+ 27:29+ 40:11+ 45:54+ 47:42+ 48:40+		
05:15+	06:27+ 08:58+ 06:49+ 12:42+ 05:43+ 01:48= 00:58+		
02:09&	03:30@ 03:52& 02:37& 04:35& 02:28& 00:00= 00:22&		
25	Svein-Iver Jevne	Arve Hagen BIL	48:55
02:45-	06:18+ 17:38+ 24:09+ 41:00+ 46:55+ 48:14+ 48:55+		
02:45-	03:33+ 11:20+ 06:31+ 16:51+ 05:55+ 01:19- 00:41+		
00:21-	00:36# 06:14@ 02:19& 08:44@ 02:40& 00:29- 00:05#		
26	Knut Jevanord	Arve Hagen BIL	50:01
05:07+	10:08+ 19:16+ 26:26+ 42:24+ 47:07+ 48:58+ 50:01+		
05:07+	05:01+ 09:08+ 07:10+ 15:58+ 04:43+ 01:51+ 01:03+		
02:01&	02:04& 04:02& 02:58& 07:51& 01:28& 00:03+ 00:27&		
27	Olav Rustadbakken	Arve Hagen BIL	50:09
03:15+	07:13+ 18:56+ 25:05+ 42:11+ 47:29+ 49:24+ 50:09+		
03:15+	03:58+ 11:43+ 06:09+ 17:06+ 05:18+ 01:55+ 00:45+		
00:09+	01:01& 06:37@ 01:57& 08:59@ 02:03& 00:07+ 00:09#		
28	Jan Erik Johansen	Hamar Post	50:16
03:03-	06:44+ 14:20+ 19:17+ 43:50+ 47:51+ 49:29+ 50:16+		
03:03-	03:41+ 07:36+ 04:57+ 24:33+ 04:01+ 01:38- 00:47+		
00:03-	00:44# 02:30& 00:45# 16:26@ 00:46# 00:10- 00:11&		

Class	Navn	Klasse	Tid
29	Arild Rønning	Nestle	53:26
03:36+	08:20+ 14:34+ 20:51+ 46:59+ 51:03+ 52:42+ 53:26+		
03:36+	04:44+ 06:14+ 06:17+ 26:08+ 04:04+ 01:39- 00:44+		
00:30#	01:47& 01:08# 02:05& 18:01@ 00:49& 00:09- 00:08#		
30	Arvid Haug	Gunders	54:44
04:32+	09:13+ 22:48+ 28:52+ 48:44+ 52:19+ 53:55+ 54:44+		
04:32+	04:41+ 13:35+ 06:04+ 19:52+ 03:35+ 01:36- 00:49+		
01:26&	01:44& 08:29@ 01:52& 11:45@ 00:20# 00:12- 00:13&		
31	Jon Kåre Myrene	Sparebanken Hedmark	55:00
02:11-	18:05+ 24:23+ 31:16+ 49:55+ 53:10+ 54:22+ 55:00+		
02:11-	15:54+ 06:18+ 06:53+ 18:39+ 03:15= 01:12- 00:38+		
00:55-	12:57@ 01:12# 02:41& 10:32@ 00:00= 00:36- 00:02+		
32	Erik Skårås	Sparebanken Hedmark	55:37
05:25+	10:04+ 21:25+ 30:20+ 49:16+ 53:07+ 54:46+ 55:37+		
05:25+	04:39+ 11:21+ 08:55+ 18:56+ 03:51+ 01:39- 00:51+		
02:19&	01:42& 06:15@ 04:43@ 10:49@ 00:36# 00:09- 00:15&		
33	Egil Renolen	Fylkeshuset	57:21
05:24+	10:53+ 25:19+ 34:09+ 47:25+ 53:37+ 56:10+ 57:21+		
05:24+	05:29+ 14:26+ 08:50+ 13:16+ 06:12+ 02:33+ 01:11+		
02:18&	02:32& 09:20@ 04:38@ 05:09& 02:57& 00:45& 00:35&		
34	Inge Østvang	Løten kommune	58:28
05:14+	11:14+ 20:38+ 28:36+ 40:27+ 55:10+ 57:14+ 58:28+		
05:14+	06:00+ 09:24+ 07:58+ 11:51+ 14:43+ 02:04+ 01:14+		
02:08&	03:03@ 04:18& 03:46& 03:44& 11:28@ 00:16# 00:38@		
35	Oddvar Dalby	Hamar kommune	1:00:25
04:11+	12:11+ 20:14+ 27:57+ 53:54+ 57:58+ 59:38+ 60:25+		
04:11+	08:00+ 08:03+ 07:43+ 25:57+ 04:04+ 01:40- 00:47+		
01:05&	05:03@ 02:57& 03:31& 17:50@ 00:49& 00:08- 00:11&		
36	Torkel Bache	Sanderud sykehus	1:08:50
19:43+	26:00+ 44:44+ 51:59+ 61:48+ 66:20+ 68:00+ 68:50+		
19:43+	06:17+ 18:44+ 07:15+ 09:49+ 04:32+ 01:40- 00:50+		
16:37@	03:20@ 13:38@ 03:03& 01:42# 01:17& 00:08- 00:14&		
37	Kjell Sagbakken	Hamar Post	1:09:06
10:50+	15:21+ 40:13+ 46:58+ 61:35+ 65:25+ 68:13+ 69:06+		
10:50+	04:31+ 24:52+ 06:45+ 14:37+ 03:50+ 02:48+ 00:53+		
07:44@	01:34& 19:46@ 02:33& 06:30& 00:35# 01:00& 00:17&		
38	Jon Lindgren	Romedal Almenning	1:10:06
05:45+	15:16+ 23:08+ 30:55+ 59:27+ 66:39+ 68:49+ 70:06+		
05:45+	09:31+ 07:52+ 07:47+ 28:32+ 07:12+ 02:10+ 01:17+		
02:39&	06:34@ 02:46& 03:35& 20:25@ 03:57@ 00:22# 00:41@		
39	Arne G. Barflo	Løten kommune	1:19:33
08:55+	14:46+ 41:28+ 49:54+ 68:40+ 74:57+ 77:55+ 79:33+		
08:55+	05:51+ 26:42+ 08:26+ 18:46+ 06:17+ 02:58+ 01:38+		
05:49@	02:54& 21:36@ 04:14@ 10:39@ 03:02& 01:10& 01:02@		
Beste strekktid for klassen			
02:11	02:57 05:06 04:12 07:13 03:03 01:12 00:36		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 3,5

1	Tormod Pedersen	Arve Hagen BIL	33:11
05:01=	07:06= 11:54= 16:40= 20:23= 25:52= 31:23= 32:32= 33:11=		
05:01=	02:05= 04:48= 04:46= 03:43= 05:29= 05:31= 01:09= 00:39=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Arve Smestad	Løten kommune	33:54
05:28+	08:13+ 13:32+ 18:40+ 23:08+ 27:45+ 31:51+ 33:07+ 33:54+		
05:28+	02:45+ 05:19+ 05:08+ 04:28+ 04:37- 04:06- 01:16+ 00:47+		
00:27+	00:40& 00:31# 00:22+ 00:45# 00:52- 01:25- 00:07# 00:08#		

Class	Navn	Klasse	Tid
3	Magne Smeland	Vegvesenet	35:43
05:55+	08:32+ 14:17+ 19:48+ 24:00+ 29:28+ 33:43+ 35:03+ 35:43+		
05:55+	02:37+ 05:45+ 05:31+ 04:12+ 05:28- 04:15- 01:20+ 00:40+		
00:54#	00:32& 00:57# 00:45# 00:29# 00:01- 01:16- 00:11# 00:01+		
4	Tore Jørgensen	Norsk Tipping	37:26
05:25+	08:30+ 15:05+ 20:44+ 25:13+ 30:14+ 35:02+ 36:45+ 37:26+		
05:25+	03:05+ 06:35+ 05:39+ 04:29+ 05:01- 04:48- 01:43+ 00:41+		
00:24+	01:00& 01:47& 00:53# 00:46# 00:28- 00:43- 00:34& 00:02+		
5	Steinar Libak	Løten kommune	37:38
05:49+	08:41+ 14:14+ 20:03+ 24:54+ 31:06+ 35:41+ 36:57+ 37:38+		
05:49+	02:52+ 05:33+ 05:49+ 04:51+ 06:12+ 04:35- 01:16+ 00:41+		
00:48#	00:47& 00:45# 01:03# 01:08& 00:43# 00:56- 00:07# 00:02+		
6	Olav Juliussen	Hamar Post	37:46
05:35+	08:50+ 14:32+ 20:01+ 23:42+ 30:10+ 35:44+ 37:05+ 37:46+		
05:35+	03:15+ 05:42+ 05:29+ 03:41- 06:28+ 05:34+ 01:21+ 00:41+		
00:34#	01:10& 00:54# 00:43# 00:02- 00:59# 00:03+ 00:12# 00:02+		
7	Bjørn Vidar Bekkum	Arve Hagen BIL	38:03
06:38+	10:01+ 15:27+ 21:12+ 26:06+ 31:42+ 36:04+ 37:26+ 38:03+		
06:38+	03:23+ 05:26+ 05:45+ 04:54+ 05:36+ 04:22- 01:22+ 00:37-		
01:37&	01:18& 00:38# 00:59# 01:11& 00:07+ 01:09- 00:13# 00:02-		
8	Terje Malm	Statens Hus	38:33
06:59+	10:47+ 17:16+ 23:02+ 27:02+ 32:02+ 36:53+ 38:02+ 38:33+		
06:59+	03:48+ 06:29+ 05:46+ 04:00+ 05:00- 04:51- 01:09= 00:31-		
01:58&	01:43& 01:41& 01:00# 00:17+ 00:29- 00:40- 00:00= 00:08-		
9	Ove Tåsåsen	Nycomed	39:20
07:35+	10:11+ 17:22+ 22:52+ 27:16+ 32:46+ 37:12+ 38:36+ 39:20+		
07:35+	02:36+ 07:11+ 05:30+ 04:24+ 05:30+ 04:26- 01:24+ 00:44+		
02:34&	00:31# 02:23& 00:44# 00:41# 00:01+ 01:05- 00:15# 00:05#		
10	Knut Wikstrøm	Statens kartverk	39:38
05:08+	07:55+ 13:56+ 23:24+ 28:30+ 33:48+ 37:48+ 38:58+ 39:38+		
05:08+	02:47+ 06:01+ 09:28+ 05:06+ 05:18- 04:00- 01:10+ 00:40+		
00:07+	00:42& 01:13& 04:42& 01:23& 00:11- 01:31- 00:01+ 00:01+		
11	Knut Røhrsveen	Arve Hagen BIL	40:09
05:57+	08:54+ 15:09+ 21:29+ 26:33+ 32:58+ 38:16+ 39:31+ 40:09+		
05:57+	02:57+ 06:15+ 06:20+ 05:04+ 06:25+ 05:18- 01:15+ 00:38-		
00:56#	00:52& 01:27& 01:34& 01:21& 00:56# 00:13- 00:06+ 00:01-		
12	Erik Haugen	Statens Hus	40:20
08:24+	11:21+ 17:06+ 22:59+ 27:12+ 33:17+ 38:14+ 39:37+ 40:20+		
08:24+	02:57+ 05:45+ 05:53+ 04:13+ 06:05+ 04:57- 01:23+ 00:43+		
03:23&	00:52& 00:57# 01:07# 00:30# 00:36# 00:34- 00:14# 00:04#		
13	Knut M Indby	Løten kommune	40:30
05:38+	09:00+ 15:22+ 21:25+ 26:32+ 33:32+ 38:13+ 39:40+ 40:30+		
05:38+	03:22+ 06:22+ 06:03+ 05:07+ 07:00+ 04:41- 01:27+ 00:50+		
00:37#	01:17& 01:34& 01:17& 01:24& 01:31& 00:50- 00:18& 00:11&		
14	Per Vold	Moelven	40:32
05:38+	08:38+ 14:34+ 25:07+ 29:10+ 34:30+ 38:44+ 39:53+ 40:32+		
05:38+	03:00+ 05:56+ 10:33+ 04:03+ 05:20- 04:14- 01:09= 00:39=		
00:37#	00:55& 01:08# 05:47@ 00:20+ 00:09- 01:17- 00:00= 00:00=		
15	Tore Stensby	Løten kommune	41:00
09:03+	11:53+ 17:23+ 23:09+ 27:56+ 33:38+ 38:38+ 40:05+ 41:00+		
09:03+	02:50+ 05:30+ 05:46+ 04:47+ 05:42+ 05:00- 01:27+ 00:55+		
04:02&	00:45& 00:42# 01:00# 01:04& 00:13+ 00:31- 00:18& 00:16&		
16	Torbjørn Håkensen	Gunders	41:45
05:51+	08:35+ 14:05+ 23:15+ 27:32+ 34:11+ 39:47+ 41:03+ 41:45+		
05:51+	02:44+ 05:30+ 09:10+ 04:17+ 06:39+ 05:36+ 01:16+ 00:42+		
00:50#	00:39& 00:42# 04:24& 00:34# 01:10# 00:05+ 00:07# 00:03+		
17	Ola Molstad	Vegvesenet	42:13
05:36+	08:17+ 14:17+ 22:52+ 27:38+ 34:23+ 40:07+ 41:28+ 42:13+		
05:36+	02:41+ 06:00+ 08:35+ 04:46+ 06:45+ 05:44+ 01:21+ 00:45+		
00:35#	00:36& 01:12# 03:49& 01:03& 01:16# 00:13+ 00:12# 00:06#		

Class	Navn	Klasse	Tid
18	Johnny Johansen	Løten kommune	43:22
07:33+	11:04+ 18:01+ 24:32+ 29:38+ 35:55+ 41:20+ 42:36+ 43:22+		
07:33+	03:31+ 06:57+ 06:31+ 05:06+ 06:17+ 05:25- 01:16+ 00:46+		
02:32&	01:26& 02:09& 01:45& 01:23& 00:48# 00:06- 00:07# 00:07#		
19	Bård Stang	Geno	43:39
06:59+	10:10+ 16:25+ 23:12+ 29:14+ 35:51+ 41:34+ 42:54+ 43:39+		
06:59+	03:11+ 06:15+ 06:47+ 06:02+ 06:37+ 05:43+ 01:20+ 00:45+		
01:58&	01:06& 01:27& 02:01& 02:19& 01:08# 00:12+ 00:11# 00:06#		
20	Jan Olav Tuterud	Hamar Post	43:42
07:03+	10:55+ 18:03+ 24:59+ 30:37+ 36:08+ 41:39+ 43:02+ 43:42+		
07:03+	03:52+ 07:08+ 06:56+ 05:38+ 05:31+ 05:31= 01:23+ 00:40+		
02:02&	01:47& 02:20& 02:10& 01:55& 00:02+ 00:00= 00:14# 00:01+		
21	Odd Rise	Geno	44:29
07:50+	10:49+ 17:10+ 25:51+ 31:32+ 36:43+ 42:15+ 43:44+ 44:29+		
07:50+	02:59+ 06:21+ 08:41+ 05:41+ 05:11- 05:32+ 01:29+ 00:45+		
02:49&	00:54& 01:33& 03:55& 01:58& 00:18- 00:01+ 00:20& 00:06#		
22	Leif Martin Kjos	Sparebanken Hedmark	45:00
07:22+	09:57+ 15:22+ 21:10+ 31:50+ 38:32+ 43:08+ 44:23+ 45:00+		
07:22+	02:35+ 05:25+ 05:48+ 10:40+ 06:42+ 04:36- 01:15+ 00:37-		
02:21&	00:30# 00:37# 01:02# 06:57@ 01:13# 00:55- 00:06+ 00:02-		
23	Vegard Selboe	Sparebanken Hedmark	45:15
05:50+	08:55+ 14:53+ 22:31+ 27:33+ 33:53+ 43:01+ 44:38+ 45:15+		
05:50+	03:05+ 05:58+ 07:38+ 05:02+ 06:20+ 09:08+ 01:37+ 00:37-		
00:49#	01:00& 01:10# 02:52& 01:19& 00:51# 03:37& 00:28& 00:02-		
24	Jan Olav Sæther	Gunders	45:57
06:02+	09:31+ 16:21+ 26:40+ 31:36+ 38:00+ 44:08+ 45:17+ 45:57+		
06:02+	03:29+ 06:33+ 06:50+ 10:19+ 04:56+ 06:24+ 06:08+ 01:09= 00:40+		
01:01#	01:24& 02:02& 05:33@ 01:13& 00:55# 00:37# 00:00= 00:01+		
25	Odd Martin Grande	Telenor	46:27
08:43+	12:30+ 19:03+ 27:51+ 32:53+ 39:00+ 44:26+ 45:45+ 46:27+		
08:43+	03:47+ 06:33+ 08:48+ 05:02+ 06:07+ 05:26- 01:19+ 00:42+		
03:42&	01:42& 01:45& 04:02& 01:19& 00:38# 00:05- 00:10# 00:03+		
26	Arnfinn Nordhagen	Ringsaker kommune	46:41
07:41+	11:06+ 17:36+ 22:55+ 28:00+ 39:44+ 44:56+ 46:05+ 46:41+		
07:41+	03:25+ 06:30+ 05:19+ 05:05+ 11:44+ 05:12- 01:09= 00:36-		
02:40&	01:20& 01:42& 00:33# 01:22& 06:15@ 00:19- 00:00= 00:03-		
27	Sven Marken	Løten kommune	46:45
08:52+	12:28+ 19:02+ 27:20+ 32:39+ 39:16+ 44:26+ 45:49+ 46:45+		
08:52+	03:36+ 06:34+ 08:18+ 05:19+ 06:37+ 05:10- 01:23+ 00:56+		
03:51&	01:31& 01:46& 03:32& 01:36& 01:08# 00:21- 00:14# 00:17&		
28	Geir Kværneng	Gunders	46:50
09:26+	12:34+ 19:45+ 28:24+ 32:40+ 39:03+ 44:56+ 46:08+ 46:50+		
09:26+	03:08+ 07:11+ 08:39+ 04:16+ 06:23+ 05:53+ 01:12+ 00:42+		
04:25&	01:03& 02:23& 03:53& 00:33# 00:54# 00:22+ 00:03+ 00:03+		
29	Tor Lillekroken	Norsvin	47:45
10:23+	12:54+ 18:02+ 24:11+ 31:57+ 41:34+ 46:12+ 47:15+ 47:45+		
10:23+	02:31+ 05:08+ 06:09+ 07:46+ 09:37+ 04:38- 01:03- 00:30-		
05:22@	00:26# 00:20+ 01:23& 04:03@ 04:08& 00:53- 00:06- 00:09-		
30	Ole M. Øvergaard	Gunders	48:45
09:19+	12:20+ 18:53+ 25:41+ 31:36+ 38:40+ 45:53+ 47:44+ 48:45+		
09:19+	03:01+ 06:33+ 06:48+ 05:55+ 07:04+ 07:13+ 01:51+ 01:01+		
04:18&	00:56& 01:45& 02:02& 02:12& 01:35& 01:42& 00:42& 00:22&		
31	Tore Stenseth	Nycomed	48:49
10:28+	13:18+ 19:30+ 27:58+ 33:34+ 40:14+ 46:20+ 47:56+ 48:49+		
10:28+	02:50+ 06:12+ 08:28+ 05:36+ 06:40+ 06:06+ 01:36+ 00:53+		
05:27@	00:45& 01:24& 03:42& 01:53& 01:11# 00:35# 00:27& 00:14&		
32	Kjell Vidar Holmen	Arve Hagen BIL	48:59
07:56+	12:59+ 19:43+ 25:11+ 30:09+ 41:53+ 47:04+ 48:16+ 48:59+		
07:56+	05:03+ 06:44+ 05:28+ 04:58+ 11:44+ 05:11- 01:12+ 00:43+		
02:55&	02:58@ 01:56& 00:42# 01:15& 06:15@ 00:20- 00:03+ 00:04#		

Class	Navn	Klasse	Tid
33	Per Ivar Kvammen	Høgskolen I Hedmark	50:01
06:03+	09:11+ 21:32+ 28:01+ 32:52+ 38:28+ 47:39+ 49:17+ 50:01+		
06:03+	03:08+ 12:21+ 06:29+ 04:51+ 05:36+ 09:11+ 01:38+ 00:44+		
01:02#	01:03& 07:33@ 01:43& 01:08& 00:07+ 03:40& 00:29& 00:05#		
34	Per Anders Aas	Nycomed	50:35
06:27+	08:49+ 13:59+ 34:56+ 38:35+ 44:17+ 48:22+ 50:02+ 50:35+		
06:27+	02:22+ 05:10+ 20:57+ 03:39- 05:42+ 04:05- 01:40+ 00:33-		
01:26&	00:17# 00:22+ 16:11@ 00:04- 00:13+ 01:26- 00:31& 00:06-		
35	Harald Brekke	Stange kommune	51:50
11:16+	16:00+ 23:19+ 29:46+ 35:43+ 43:05+ 49:28+ 51:01+ 51:50+		
11:16+	04:44+ 07:19+ 06:27+ 05:57+ 07:22+ 06:23+ 01:33+ 00:49+		
06:15@	02:39@ 02:31& 01:41& 02:14& 01:53& 00:52# 00:24& 00:10&		
36	Arvid Bratlie	LMF	51:56
12:48+	16:05+ 22:46+ 31:35+ 36:52+ 43:40+ 49:05+ 50:47+ 51:56+		
12:48+	03:17+ 06:41+ 08:49+ 05:17+ 06:48+ 05:25- 01:42+ 01:09+		
07:47@	01:12& 01:53& 04:03& 01:34& 01:19# 00:06- 00:33& 00:30&		
37	Arild Myhre	Nycomed	52:30
06:57+	10:51+ 21:04+ 27:34+ 33:18+ 40:47+ 49:35+ 51:22+ 52:30+		
06:57+	03:54+ 10:13+ 06:30+ 05:44+ 07:29+ 08:48+ 01:47+ 01:08+		
01:56&	01:49& 05:25@ 01:44& 02:01& 02:00& 03:17& 00:38& 00:29&		
38	Espen Melby	Løten kommune	52:47
14:08+	23:38+ 29:18+ 35:15+ 39:58+ 46:08+ 50:46+ 52:06+ 52:47+		
14:08+	09:30+ 05:40+ 05:57+ 04:43+ 06:10+ 04:38- 01:20+ 00:41+		
09:07@	07:25@ 00:52# 01:11# 01:00& 00:41# 00:53- 00:11# 00:02+		
39	Frank Evensen	Telenor	55:40
19:36+	23:07+ 30:12+ 36:41+ 42:06+ 48:04+ 53:25+ 54:51+ 55:40+		
19:36+	03:31+ 07:05+ 06:29+ 05:25+ 05:58+ 05:21- 01:26+ 00:49+		
14:35@	01:26& 02:17& 01:43& 01:42& 00:29+ 00:10- 00:17# 00:10&		
40	Knut Anders Fossum	Statens Hus	56:15
10:41+	16:36+ 23:49+ 30:57+ 38:49+ 45:34+ 53:20+ 55:29+ 56:15+		
10:41+	05:55+ 07:13+ 07:08+ 07:52+ 06:45+ 07:46+ 02:09+ 00:46+		
05:40@	03:50@ 02:25& 02:22& 04:09@ 01:16# 02:15& 01:00& 00:07#		
41	Øyvind Strand	Ringsaker kommune	1:05:16
07:25+	11:07+ 18:44+ 42:29+ 47:47+ 54:49+ 61:34+ 64:23+ 65:16+		
07:25+	03:42+ 07:37+ 23:45+ 05:18+ 07:02+ 06:45+ 02:49+ 00:53+		
02:24&	01:37& 02:49& 18:59@ 01:35& 01:33& 01:14# 01:40@ 00:14&		
41	Steinar Tønsager	BDO Aktiva	1:05:16
22:45+	26:22+ 34:07+ 42:20+ 48:20+ 57:41+ 62:45+ 64:38+ 65:16+		
22:45+	03:37+ 07:45+ 08:13+ 06:00+ 09:21+ 05:04- 01:53+ 00:38-		
17:44@	01:32& 02:57& 03:27& 03:52& 00:27- 00:44& 00:01-		
Beste strekktid for klassen			
05:01	02:05	04:48	04:46
03:39	04:37	04:00	01:03
00:30			

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 4,5

1	Vidar Nomerstad	Sparebanken Hedmark	43:32
09:04=	13:30= 15:31= 18:58= 22:52= 28:05= 35:36= 39:27= 42:10= 43:02= 43:32=		
09:04=	04:26= 02:01= 03:27= 03:54= 05:13= 07:31= 03:51= 02:43= 00:52= 00:30=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Tore Nilsen	Eidsiva	44:34
09:52+	13:44+ 15:34+ 19:11+ 26:06+ 31:58+ 38:20+ 40:53+ 43:02+ 44:00+ 44:34+		
09:52+	03:52- 01:50- 03:37+ 06:55+ 05:52+ 06:22- 02:33- 02:09- 00:58+ 00:34+		
00:48+	00:34- 00:11- 00:10+ 03:01& 00:39# 01:09- 01:18- 00:34- 00:06# 00:04#		
3	Arild Indby	Løten O-Lag	45:32
09:20+	13:34+ 15:47+ 19:24+ 24:24+ 31:15+ 39:04+ 41:48+ 44:03+ 45:00+ 45:32+		
09:20+	04:14- 02:13+ 03:37+ 05:00+ 06:51+ 07:49+ 02:44- 02:15- 00:57+ 00:32+		
00:16+	00:12- 00:12+ 00:10+ 01:06& 01:38& 00:18+ 01:07- 00:28- 00:05+ 00:02+		

Class	Navn	Klasse	Tid
4	Knut Malmo	Vegvesenet	48:24
09:31+	14:09+ 16:42+ 20:16+ 24:57+ 32:13+ 40:22+ 43:30+ 46:25+ 47:50+ 48:24+		
09:31+	04:38+ 02:33+ 03:34+ 04:41+ 07:16+ 08:09+ 03:08- 02:55+ 01:25+ 00:34+		
00:27+	00:12+ 00:32& 00:07+ 00:47# 02:03& 00:38+ 00:43- 00:12+ 00:33& 00:04#		
5	Bjørn J Sørum	Vegvesenet	48:52
09:48+	14:54+ 17:10+ 21:01+ 25:52+ 32:06+ 38:24+ 45:06+ 47:18+ 48:19+ 48:52+		
09:48+	05:06+ 02:16+ 03:51+ 04:51+ 06:14+ 06:18- 06:42+ 02:12- 01:01+ 00:33+		
00:44+	00:40# 00:15# 00:24# 00:57# 01:01# 01:13- 02:51& 00:31- 00:09# 00:03#		
6	Jon Bjørnstad	Sparebanken Hedmark	48:53
11:14+	16:36+ 18:56+ 22:48+ 27:27+ 34:08+ 41:24+ 44:57+ 47:25+ 48:19+ 48:53+		
11:14+	05:22+ 02:20+ 03:52+ 04:39+ 06:41+ 07:16- 03:33- 02:28- 00:54+ 00:34+		
02:10#	00:56# 00:19# 00:25# 00:45# 01:28& 00:15- 00:18- 00:15- 00:02+ 00:04#		
7	Hans Asbjørn Tingvold	Vestre Toten Kommune	48:55
10:27+	15:26+ 17:38+ 21:47+ 26:59+ 34:05+ 40:59+ 44:25+ 47:02+ 48:14+ 48:55+		
10:27+	04:59+ 02:12+ 04:09+ 05:12+ 07:06+ 06:54- 03:26- 02:37- 01:12+ 00:41+		
01:23#	00:33# 00:11+ 00:42# 01:18& 01:53& 00:37- 00:25- 00:06- 00:20& 00:11&		
8	Tor Haugstulen	Hamar Post	49:51
09:40+	17:51+ 19:51+ 23:08+ 27:48+ 35:11+ 41:18+ 45:31+ 48:08+ 49:10+ 49:51+		
09:40+	08:11+ 02:00- 03:17- 04:40+ 07:23+ 06:07- 04:13+ 02:37- 01:02+ 00:41+		
00:36+	03:45& 00:01- 00:10- 00:46# 02:10& 01:24- 00:22+ 00:06- 00:10# 00:11&		
9	Olav Høiås	Statens Hus	51:14
11:38+	15:55+ 17:53+ 21:48+ 28:43+ 35:44+ 43:14+ 46:43+ 49:02+ 50:32+ 51:14+		
11:38+	04:17- 01:58- 03:55+ 06:55+ 07:01+ 07:30- 03:29- 02:19- 01:30+ 00:42+		
02:34&	00:09- 00:03- 00:28# 03:01& 01:48& 00:01- 00:22- 00:24- 00:38& 00:12&		
10	Håkon Beitnes	Hamar Katedralskole	52:27
15:39+	20:19+ 22:38+ 26:10+ 30:52+ 37:29+ 44:31+ 47:19+ 50:49+ 51:52+ 52:27+		
15:39+	04:40+ 02:19+ 03:32+ 04:42+ 06:37+ 07:02- 02:48- 03:30+ 01:03+ 00:35+		
06:35&	00:14+ 00:18# 00:05+ 00:48# 01:24& 00:29- 01:03- 00:47& 00:11# 00:05#		
11	John Erik Fallbakken	Gunders	53:30
11:02+	16:18+ 20:49+ 24:52+ 30:17+ 38:05+ 45:05+ 49:03+ 51:45+ 52:57+ 53:30+		
11:02+	05:16+ 04:31+ 04:03+ 05:25+ 07:48+ 07:00- 03:58+ 02:42- 01:12+ 00:33+		
01:58#	00:50# 02:30@ 00:36# 01:31& 02:35& 00:31- 00:07+ 00:01- 00:20& 00:03#		
12	Geir Ola Blystad	Vernepliktsverket	57:01
11:37+	17:15+ 19:21+ 23:43+ 29:55+ 38:22+ 47:06+ 50:59+ 54:45+ 56:25+ 57:01+		
11:37+	05:38+ 02:06+ 04:22+ 06:12+ 08:27+ 08:44+ 03:53+ 03:46+ 01:40+ 00:36+		
02:33&	01:12& 00:05+ 00:55& 02:18& 03:14& 01:13# 00:02+ 01:03& 00:48& 00:06#		
13	Torleif Finstad	Hamar Post	58:05
10:46+	19:00+ 21:05+ 24:38+ 29:32+ 39:56+ 47:07+ 52:24+ 55:49+ 57:25+ 58:05+		
10:46+	08:14+ 02:05+ 03:33+ 04:54+ 10:24+ 07:11- 05:17+ 03:25+ 01:36+ 00:40+		
01:42#	03:48& 00:04+ 00:06+ 01:00& 05:11& 00:20- 01:26& 00:42& 00:44& 00:10&		
14	Lars Grøndalen	Hamar Ok	59:43
09:07+	15:54+ 18:04+ 23:43+ 30:29+ 38:07+ 48:22+ 54:52+ 57:56+ 59:18+ 59:43+		
09:07+	06:47+ 02:10+ 05:39+ 06:46+ 07:38+ 10:15+ 06:30+ 03:04+ 01:22+ 00:25-		
00:03+	02:21& 00:09+ 02:12& 02:52& 02:25& 02:44& 02:39& 00:21# 00:30& 00:05-		
15	Karl Petter Opsahl	Løten kommune	1:00:02
13:28+	18:13+ 20:21+ 24:43+ 36:21+ 44:53+ 52:02+ 55:22+ 58:17+ 59:24+ 60:02+		
13:28+	04:45+ 02:08+ 04:22+ 11:38+ 08:32+ 07:09- 03:20- 02:55+ 01:07+ 00:38+		
04:24&	00:19+ 00:07+ 00:55& 07:44@ 03:19& 00:22- 00:31- 00:12+ 00:15& 00:08&		
16	Tormod Lundberg	Vegvesenet	1:03:24
11:48+	16:28+ 20:20+ 33:34+ 40:08+ 48:00+ 55:18+ 58:34+ 61:39+ 62:49+ 63:24+		
11:48+	04:40+ 03:52+ 13:14+ 06:34+ 07:52+ 07:18- 03:16- 03:05+ 01:10+ 00:35+		
02:44&	00:14+ 01:51& 09:47@ 02:40& 02:39& 00:13- 00:35- 00:22# 00:18& 00:05#		
17	Knut Vidar Lund	Telenor	1:03:43
11:06+	16:41+ 18:55+ 27:39+ 33:03+ 43:41+ 53:06+ 58:01+ 61:55+ 63:01+ 63:43+		
11:06+	05:35+ 02:14+ 08:44+ 05:24+ 10:38+ 09:25+ 04:55+ 03:54+ 01:06+ 00:42+		
02:02#	01:09& 00:13# 05:17@ 01:30& 05:25@ 01:54& 01:04& 01:11& 00:14& 00:12&		
18	Erik Grøndalen	Jernbaneverket	1:03:44
17:43+	23:48+ 25:50+ 29:49+ 36:37+ 44:50+ 52:26+ 59:05+ 61:59+ 63:15+ 63:44+		
17:43+	06:05+ 02:02+ 03:59+ 06:48+ 08:13+ 07:36+ 06:39+ 02:54+ 01:16+ 00:29-		
08:39&	01:39& 00:01+ 00:32# 02:54& 03:00& 00:05+ 02:48& 00:11+ 00:24& 00:01-		

Class	Navn	Klasse	Tid
19	Knut Sterten	Vestre Toten Kommune	1:04:33
13:09+	23:45+ 26:36+ 31:20+ 37:03+ 46:31+ 54:56+ 58:57+ 62:10+ 63:39+ 64:33+		
13:09+	10:36+ 02:51+ 04:44+ 05:43+ 09:28+ 08:25+ 04:01+ 03:13+ 01:29+ 00:54+		
04:05&	06:10@ 00:50& 01:17& 01:49& 04:15& 00:54# 00:10+ 00:30# 00:37& 00:24&		
20	Stig HM Wiest	BDO Aktiva	1:06:57
12:44+	17:55+ 20:39+ 32:46+ 38:35+ 46:45+ 57:46+ 61:38+ 65:14+ 66:24+ 66:57+		
12:44+	05:11+ 02:44+ 12:07+ 05:49+ 08:10+ 11:01+ 03:52+ 03:36+ 01:10+ 00:33+		
03:40&	00:45# 00:43& 08:40@ 01:55& 02:57& 03:30& 00:01+ 00:53& 00:18& 00:03#		
21	Hans Olav Skogstad	Telenor	1:08:58
20:44+	26:35+ 29:28+ 34:44+ 40:26+ 48:38+ 58:46+ 62:37+ 67:04+ 68:20+ 68:58+		
20:44+	05:51+ 02:53+ 05:16+ 05:42+ 08:12+ 10:08+ 03:51= 04:27+ 01:16+ 00:38+		
11:40@	01:25& 00:52& 01:49& 01:48& 02:59& 02:37& 00:00= 01:44& 00:24& 00:08&		
22	Knut Fjæstad	Løten kommune	1:12:43
15:13+	20:53+ 23:50+ 28:36+ 34:55+ 43:26+ 53:33+ 64:19+ 69:25+ 71:39+ 72:43+		
15:13+	05:40+ 02:57+ 04:46+ 06:19+ 08:31+ 10:07+ 10:46+ 05:06+ 02:14+ 01:04+		
06:09&	01:14& 00:56& 01:19& 02:25& 03:18& 02:36& 06:55@ 02:23& 01:22@ 00:34@		
23	Trond Øie	Sparebanken Hedmark	1:13:26
19:00+	24:37+ 26:45+ 31:25+ 41:15+ 51:19+ 60:55+ 66:22+ 70:21+ 72:33+ 73:26+		
19:00+	05:37+ 02:08+ 04:40+ 09:50+ 10:04+ 09:36+ 05:27+ 03:59+ 02:12+ 00:53+		
09:56@	01:11& 00:07+ 01:13& 05:56@ 04:51& 02:05& 01:36& 01:16& 01:20@ 00:23&		
24	Arild Langseth	BDO Aktiva	1:21:33
18:39+	25:42+ 33:25+ 43:27+ 50:55+ 60:51+ 71:43+ 75:55+ 79:20+ 80:45+ 81:33+		
18:39+	07:03+ 07:43+ 10:02+ 07:28+ 09:56+ 10:52+ 04:12+ 03:25+ 01:25+ 00:48+		
09:35@	02:37& 05:42@ 06:35@ 03:34& 04:43& 03:21& 00:21+ 00:42& 00:33& 00:18&		
25	Arne Hagen	Vegvesenet	1:33:39
11:55+	20:17+ 24:23+ 43:28+ 59:08+ 69:39+ 80:49+ 86:27+ 90:03+ 92:13+ 93:39+		
11:55+	08:22+ 04:06+ 19:05+ 15:40+ 10:31+ 11:10+ 05:38+ 03:36+ 02:10+ 01:26+		
02:51&	03:56& 02:05@ 15:38@ 11:46@ 05:18@ 03:39& 01:47& 00:53& 01:18@ 00:56@		
Beste strekktid for klassen			
09:04	03:52	01:50	03:17
03:54	05:13	06:07	02:33
02:09	00:52	00:25	
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 5,5			
1	Johannes Narum	Hamar Ok	38:22
01:48=	07:13= 14:37= 18:05= 19:39= 24:02= 28:53= 30:55= 34:34= 35:51= 37:48= 38:22=		
01:48=	05:25= 07:24= 03:28= 01:34= 04:23= 04:51= 02:02= 03:39= 01:17= 01:57= 00:34=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Stein Arne Negård	Byggmakker	44:41
01:48=	07:24+ 16:41+ 20:51+ 24:11+ 29:50+ 34:14+ 36:48+ 41:00+ 42:48+ 44:01+ 44:41+		
01:48=	05:36+ 09:17+ 04:10+ 03:20+ 05:39+ 04:24- 02:34+ 04:12+ 01:48+ 01:13- 00:40+		
00:00=	00:11+ 01:53& 00:42# 01:46@ 01:16& 00:27- 00:32& 00:33# 00:31& 00:44- 00:06#		
3	Harald Berge	BAS Elverum	46:42
02:08+	08:41+ 18:02+ 22:00+ 24:00+ 30:46+ 35:39+ 38:01+ 42:44+ 44:47+ 46:02+ 46:42+		
02:08+	06:33+ 09:21+ 03:58+ 02:00+ 06:46+ 04:53+ 02:22+ 04:43+ 02:03+ 01:15- 00:40+		
00:20#	01:08# 01:57& 00:30# 00:26& 02:23& 00:02+ 00:20# 01:04& 00:46& 00:42- 00:06#		
4	Terje Wikstrøm	Fredvang	51:29
03:03+	12:02+ 20:00+ 24:19+ 26:28+ 31:38+ 36:02+ 39:22+ 46:02+ 47:41+ 49:11+ 50:47+ 51:29+		
03:03+	08:59+ 07:58+ 04:19+ 02:09+ 05:10+ 04:24- 03:20+ 06:40+ 01:39+ 01:30- 01:36+ 00:42+		
01:15&	03:34& 00:34+ 00:51# 00:35& 00:47# 00:27- 01:18& 03:01& 00:22& 00:27- 01:02@ 00:42+		
5	Willy Grønstad	Løten kommune	52:31
02:02+	10:29+ 16:33+ 21:16+ 25:38+ 27:25+ 32:34+ 37:07+ 44:39+ 49:01+ 50:48+ 51:55+ 52:31+		
02:02+	08:27+ 06:04- 04:43+ 04:22+ 01:47- 05:09+ 04:33+ 07:32+ 04:22+ 01:47- 01:07+ 00:36+		
00:14#	03:02& 01:20- 01:15& 02:48@ 02:36- 00:18+ 02:31@ 03:53@ 03:05@ 00:10- 00:33& 00:36+		
6	Arnfinn Pedersen	GjøVard	53:17
05:01+	14:15+ 22:33+ 27:41+ 29:59+ 35:09+ 39:42+ 42:23+ 49:35+ 51:18+ 52:32+ 53:17+		
05:01+	09:14+ 08:18+ 05:08+ 02:18+ 05:10+ 04:33- 02:41+ 07:12+ 01:43+ 01:14- 00:45+		
03:13@	03:49& 00:54# 01:40& 00:44& 00:47# 00:18- 00:39& 03:33& 00:26& 00:43- 00:11&		

Class	Navn	Klasse												Tid
7	Henning Wernøe	Hamar Katedralskole												53:41
04:19+	10:47+	19:18+	23:24+	26:55+	32:59+	37:27+	40:27+	44:03+	49:46+	51:35+	52:59+	53:41+		
04:19+	06:28+	08:31+	04:06+	03:31+	06:04+	04:28-	03:00+	03:36-	05:43+	01:49-	01:24+	00:42+		
02:31@	01:03#	01:07#	00:38#	01:57@	01:41&	00:23-	00:58&	00:03-	04:26@	00:08-	00:50@	00:42+		
8	Øivind Magne Rogndalen	Vegvesenet												58:16
02:31+	10:50+	21:23+	26:26+	28:37+	34:50+	40:30+	44:21+	54:28+	56:21+	57:42+	58:16+			
02:31+	08:19+	10:33+	05:03+	02:11+	06:13+	05:40+	03:51+	10:07+	01:53+	01:21-	00:34=			
00:43&	02:54&	03:09&	01:35&	00:37&	01:50&	00:49#	01:49&	06:28@	00:36&	00:36-	00:00=			
Beste strekktid for klassen														
01:48	05:25	06:04	03:28	01:34	01:47	04:24	02:02	03:36	01:17	01:13	00:34			

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.